Secular Spirituality.

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The Oxford Handbook of Secularism
Edited by Phil Zuckerman and John R. Shook

Print Publication Date:  Feb 2017   Subject:  Religion, Religion and Society
Online Publication Date:  Jan 2017   DOI:  10.1093/oxfordhb/9780199988457.013.35
Abstract and Keywords

This chapter pursues some questions about religiosity's intersections with contemporary secularity. Traditional religiosity persists in economically advanced nations, such as the United States. The nones, those who have abandoned religious affiliations, continue to hold various kinds of religious belief. In addition, forms of contemporary religiosity often embrace most of secularism's basic premises. Eight central attributes of secular spirituality can be identified: eclecticism, self-growth, relevance to life, self-direction, openness to wonder, authenticity beyond churches, metaphysical explanations, and communal and ecological morality. The persistence of both traditional and nontraditional forms of religiosity and spirituality should adjust the current popular views of secularism.

Keywords: religion, new age thought, secular spirituality, feminist spirituality

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Robert Fuller is Professor of Religious Studies at Bradley University in Illinois. He has authored more than a dozen books on psychology and religion, religious history, and religion in the United States, including Religious Revolutionaries: The Rebels Who Reshaped American Religion and Spiritual, But Not Religious: Understanding Unchurched America.

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